A Friend Is a Treasure

A friend is someone we turn to when our spirits need a lift.

A friend is someone we treasure, for our friendship is a gift.

A friend is someone who fills our lives, with beauty, joy, and grace.

And makes the world we live in, a better and happier place.

# RAINBOW Program

Helping Children Grow In Our Community



The Rainbow Program is a research based early intervention program aimed at the following objectives:

- Melping students get a good start in school
- Reveloping and enhancing social skills
- Fostering healthy self-concept
- Mimproving school adjustment
- Ceveloping leadership skills
- Assisting with stressful life circumstances
- Enhancing positive school-wide climate change

The **Rainbow Program** is available at every San Ramon Valley Unified School District Elementary School Site. Paraprofessionals are trained & staffed to work with students in the program. Every two weeks, the paraprofessionals meet with the Rainbow Program Coordinator (School Psychologist) for consultation on the students in the program.

The **Rainbow Program** offers the following individualized and social skills programs:

# **PIP (Primary Intervention Program)**

- 1 to 1 attention from a trained paraprofessional in non-directive play sessions for grades TK-5
- 30 minutes a week in activity room for 12 weeks
- Non-directive play with choices of a variety of activities such as games, art, and crafts
- Ideal for students who may be going through stressful life circumstances: divorce, illness, death, family relocations, extended days, second language acquisition, etc.

#### Second Step

- Small groups of 2 to 4 students, grades TK-5 who meet weekly for 12 weeks
- 45 minutes per week in activity room with a structured Second Step social skills lesson, followed by supervised 10-15 minute freechoice play
- Units on Empathy, Problem Solving, Emotion Management and Skills for Learning (focusing attention, listening, and staying on task)

#### **Steps to Respect**

- Small groups of 2 to 4 students, grades 3-5 who meet weekly for 16 weeks
- 45 minutes per week in activity room with a social skills lesson, followed by supervised 10-15 minute free-choice play
- Literature-based social skills curriculum focused on social skills and diversity

# PALS

- Small groups of 2 to 4 students, grades K-5 who meet weekly for 10-12 weeks
- 45 minutes per week in activity room with a literature-based lesson, followed by supervised 10-15 minute free-choice play
- PALS curriculum focused on building and maintaining friendships

# Get Ready for Middle School (GRMS)

- Small groups of second semester 5th graders (or whole class presentation) who meet weekly for 6-8 weeks
- 30 minutes per week
- Literature-based curriculum focused on getting ready for middle school



# The Rainbow Program needs your support

YES! I want to support the Rainbow Program and the children at my site
I have enclosed my personal donation of
\$10 <u>\$</u> 25 <u></u> \$50 <u></u> \$
Name:
Address:
Please make checks payable to:
Elementary School
please indicate "Rainbow Program" in the check memo
Thank you very much!

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